



# Weekday Breakfast and Lunch Menu

*Soul Food Community Café is owned and operated by the Soul Food Christian Community as a not-for-profit, with the aim of providing a welcoming, family-friendly, community space.*

## Build Your Own Breakfast

### Eggs & Toast (GFO) (eggs soft/medium/hard/scrambled) \$8

Choose from white, grainy or gluten free toast (add \$1.50)

Then add any of the following:

Bacon (two pieces)	\$5	Baked beans	\$3
Sausage	\$2	Mushrooms	\$3
Grilled tomato	\$2.50	Hash brown	\$1.50
Avocado	\$2.50	Extra egg	\$2
Relish	\$0.50		

## Breakfast Rolls (toasted lepinjas)

### Bacon & Egg Roll (GFO) \$11

Add cheese	\$1
Add tomato or BBQ sauce	\$0.20
Add relish	\$0.50

### Bacon & Egg Roll Deluxe (GFO) \$16

Eggs, bacon, fresh tomato, mushrooms, cheese and tomato relish, served with two hash browns

### Veggo Breakfast Roll (V, GFO) \$14.50

Eggs, fresh tomato, mushrooms, avocado, cheese and tomato relish, served with two hash browns

## Pancakes

Single	\$4.50	Two Stack	\$8
Three Stack	\$11	Four stack	\$14

Includes your choice of toppings:

Butter, jam & cream, maple syrup or lemon & sugar	
Add ice cream \$1	Add berries \$3

### Gourmet Berry Pancakes (V) \$13

Two pancakes with berries, berry sauce, cream & ice cream

### Bacon Maple Stack \$16

Two pancakes with bacon, maple syrup and butter, served with two hash browns

### Vanilla Affogato Stack (V) \$12.50

Two pancakes with ice cream, grated dark chocolate, maple syrup, a shot of vanilla and a double shot of espresso coffee

**We offer 10% Seniors Discount on weekdays!**  
**Show your card to claim the discount.**

## Other Breakfast Items

### Toast (per slice) – white or grainy (GFO) \$1.50

(served with butter, vegemite, jam or honey)

### Fruit Toast (per slice) \$2

(served with butter)

### Muesli with Yoghurt and Berries (V) \$10

Carmen's Fruit-free Muesli served with Greek yoghurt, honey and mixed berries

### Bowl of Hash Browns (6) (GFO) \$6

(served with tomato sauce)

## Croissants

### Ham & Cheese \$7.50

### Ham, Cheese & Tomato \$8

### Ham, Cheese & Pineapple \$8

### Cheese, Tomato & Avocado (V) \$7

## Sweet Things (see our cake fridge for full selection)

### Homemade Cookies & Slices – from \$3.30

(includes gluten-free, dairy-free and vegan items)

### Slice of Homemade Cake \$6

### Coffee & Cake Deal \$8.50

(your choice of medium hot drink or pot of tea with a slice of cake)

## House Specialties

### Single Scone (with jam and cream) \$3.50

### Devonshire Tea \$9

(a medium hot drink or pot of tea with two scones)

### Banana Bread \$4.50

(served toasted with butter)

### Pear, Raspberry & Coconut Loaf \$5

(served toasted with butter)

*V=vegetarian, VG=vegan, GF=gluten friendly, GFO=gluten friendly option available, DF=dairy free*  
*Please let us know if you have dietary needs and we will do our best to accommodate these. Please note gluten is used in our kitchen, so we are unable to guarantee no traces of gluten.*

All food and drink prices are inclusive of GST

---

## Hot Food

---

<b>Wedges</b> (with sweet chilli sauce & sour cream)	<b>\$10</b>
<b>Bowl of Chips</b> (includes sauce)	<b>\$5</b>
<b>Side Serve of Chips</b> (includes sauce)	<b>\$3</b>
<b>Vegetarian Nachos (V, GF)</b>	<b>\$12</b>
<b>Vegan Pies (VG)</b>	<b>\$7</b>

Served with salad (VG) \$13    Served with chips \$13

*Please see Specials Board for this week's pie variety and other lunch specials*

---

## Burgers (add a side of chips for \$3)

---

<b>Aussie Burger (GFO)</b>	<b>\$14</b>
----------------------------	-------------

Homemade beef patty with bacon, egg, cheese, grilled red onion, tomato, lettuce, beetroot, mayo & tomato sauce

<b>Classic Chicken Burger (GFO)</b>	<b>\$13</b>
-------------------------------------	-------------

Grilled chicken breast with avocado, bacon, cheese, grilled red onion, tomato, lettuce, mayo & sweet chilli sauce

<b>Hawaiian Chicken Burger (GFO)</b>	<b>\$13</b>
--------------------------------------	-------------

Grilled chicken breast with bacon, cheese, grilled red onion, grilled pineapple, lettuce, mayo & BBQ sauce

<b>Veggie Burger (V, GFO)</b>	<b>\$13</b>
-------------------------------	-------------

Aromatic cumin-spiced veggie patty with avocado, roasted capsicum, grilled red onion, cucumber, lettuce & yoghurt

We can make any of our burgers gluten-free – add \$2.50  
OR you can choose to have a 'bunless' burger

---

## Fresh Salads

---

<b>Warm Chicken Salad (GFO)</b>	<b>\$16</b>
---------------------------------	-------------

Grilled chicken breast in a sweet chilli marinade served on a bed of lettuce with bacon, tomato, cucumber, red onion, avocado and a wedge of lemon

<b>Shredded Chicken Salad Bowl (GFO)</b>	<b>\$11</b>
--	-------------

Lettuce, cucumber, carrot, red onion, shredded chicken and pepitas with your choice of yoghurt & mint dressing (GF), sweet chilli or mayo

<b>Veggie patty with salad (V, GF)</b>	<b>\$14</b>
--	-------------

Aromatic cumin-spiced veggie patty on a bed of lettuce with tomato, cucumber, red onion, avocado, yoghurt and mint

<b>Garden Salad (V, GFO)</b>	<b>\$12</b>
------------------------------	-------------

Lettuce, tomato, cucumber, red onion, beetroot, avocado, olives, roasted capsicum and mayo  
Add ham - \$2.50    Add tuna - \$3    Add curried egg - \$3

---

## Sandwiches (made to order) (GFO)

---

Choose from white or grainy bread

Lepinja or Focaccia	add \$2
Toasting	add \$0.50
Gluten-free bread (toasted only)	add \$1.50

Some suggestions:

<b>Ham, Cheese &amp; Tomato</b>	<b>\$7.50</b>
<b>Ham, Cheese &amp; Pineapple</b>	<b>\$7.50</b>
<b>Chicken, Avocado &amp; Lettuce</b>	<b>\$8</b>
<b>BLT</b> (bacon, lettuce & tomato)	<b>\$7</b>
<b>Chicken BLT</b>	<b>\$10</b>
(Chicken, bacon, lettuce & tomato)	
<b>Chicken Antipasto</b>	<b>\$9.40</b>
(Chicken, cucumber, sundried tomato, roasted capsicum & olives)	
<b>Curried Egg &amp; Lettuce (V)</b>	<b>\$7</b>
<b>Tuna, Lettuce &amp; Mayo</b>	<b>\$7.20</b>
<b>Ham &amp; Salad</b>	<b>\$8.50</b>
(Ham, tomato, cucumber, carrot, beetroot & lettuce)	
<b>Cheese &amp; Salad (V)</b>	<b>\$7</b>
(Cheese, tomato, cucumber, carrot, beetroot & lettuce)	
<b>Chicken &amp; Salad</b>	<b>\$9</b>
(Chicken, tomato, cucumber, carrot, beetroot & lettuce)	

*Our chicken sandwiches and rolls are made with chicken breast cooked on site with herbs and olive oil*

---

## Support Our Community

---

Our not-for-profit café aims to provide a safe and welcoming space for families and the local community to connect in a meaningful way. Many of our staff are volunteers and we reduce costs as much as we can, while still wanting to maintain quality food and drinks. Unfortunately operating costs continue to increase and we struggle to keep our prices down.

If you would like to make a contribution to help us keep our café affordable for others, we can add it to your order:

**Add a contribution of:**

- \$2
- \$5
- \$10
- Specified amount

*Thank you! We really value your support 😊*

(Please note that contributions are not tax deductible)

**V=vegetarian, VG=vegan, GF=gluten friendly, GFO=gluten friendly option available, DF=dairy free**  
Please let us know if you have dietary needs and we will do our best to accommodate these. Please note gluten is used in our kitchen, so we are unable to guarantee no traces of gluten.

*All food and drink prices are inclusive of GST*